

Shasta Vortex Adventures

Guided Tours • Integrative Wellness

400 Chestnut St. • Mt. Shasta, CA 96067 • 530.926.4326 • ShastaVortex.com

Information Packet for 11:11:11 Mount Shasta Workshop *Divine Remembering with the Masters*

Workshop Price: \$99 in advance, \$111 at the door. Please book your \$19.95 hot lunch at the same time. Book with Ashalyn at info@shastavortex.com or 530-926-4326. Book with Sharyl at spiritsiri@yahoo.com.

Workshop Location: *Best Western Plus Tree House*, 111 Morgan Way, Mt. Shasta, California. Take the Central Mt. Shasta exit and turn right at the stop sign onto Lake Street. Take another immediate right onto Morgan Way and a right into the parking lot. Downtown Mt. Shasta is

Lodging: *Best Western Plus Tree House* is offering us a **Group Discount** for this event. Lodging comes with a full hot breakfast daily. Call 800.545.7164 to book. For more details see: <http://www.roomstays.com/hotel/662863>.

Room Prices: single queen: \$99 – single king: \$108 – two queens: \$115 – suites: \$138 – mountain view rooms, add \$10

Workshop Hot Lunch Option: Please order in advance.

Cost: \$19.95 per person, which includes tax and gratuity.

Menu: Tossed green salad, Chicken Piccata, Vegetable Lasagna, warm bread and butter, coffee, tea, sodas and fresh baked cookies. Buffet lunch and seating will be in the Tree House dining room.

Airports near Mt. Shasta:

Medford, Oregon: 503.772.8068

About a 1.5-hour drive on I-5, south to Mt. Shasta

Redding, California: 530.224.4320

About a 1-hour drive on I-5, north to Mt. Shasta

Sacramento, California

About a 4.5-hour drive northwest to Mt. Shasta

San Francisco, California

About a 5-hour drive north to Mt. Shasta

Car Rental: It is highly recommended that you rent a car at the airport since public transportation in Mt. Shasta is very limited. Call Ashalyn at 530.926.4326 if that is not an option for you.

November is the **beginning of the snow season** in Mt. Shasta City. So, we may or may not have a few inches of snow at the time of the event. Front wheel drive, all wheel drive or 4-wheel drive vehicles are advisable, just in case. We'll be car pooling up the mountain a ways (depending on the weather) for the **Vortex Tour**. Those with the best cars will be asked to fill up every seat with a person.

Vortex Tour Info:

We are asking the weather gods and goddesses for a pleasant, sunny, relatively snow-free afternoon for this **Vortex Tour with Ashalyn**, so please help us visualize that. The tour is right after lunch, from 1:30 to 3:30pm. **Bring your backpacks and hiking clothes to the hotel in the morning.** Our cool temperatures are just starting in November, so dress for a chilly to cold Autumn or Winter day. A more detailed weather report can be seen a few days before the event at www.weather.com, then type in 96067 for Mt. Shasta, CA.

What To Bring on the Tour:

day pack • sunglasses • sun screen • lip balm • 6-8oz. bottle of water • camera
waterproof hiking boots or snow boots • stocking cap, warm hat or hooded jacket
warm gloves • wool socks • thermal underwear • sweater, pants & turtleneck shirt
winter jacket or coat • personal items

Vortex Tour Option:

For those who don't want to go on tour with Ashalyn, please let us know in advance. You will be **stay with Sharyl at the Tree House** to learn how to access your divine self, spirit guides and belief systems as the transformational healing and awareness continues.

Audience Questions, during or after channelings:

Please stand and wait for the microphone to be handed to you before speaking, then state your name and ask your question. Both Ashalyn and Sharyl request that you ask questions that are more group oriented, rather than personal questions about life purpose, health, finance, etc. Those questions can be addressed in the personal, one-on-one sessions.

Personal Sessions:

Sharyl and Ashalyn are both available for private in-person sessions November 12 and 13. They are both available for phone sessions before and after the event. Ashalyn offers 1-hour Shamanic Hypnotherapy and channeling sessions for \$110. Sharyl offers 1-hour Full Trance Channeling and healing sessions for \$125. Advance booking is suggested. Call Sharyl at 773.750.0484. Call Ashalyn at 530.926.4326

Items for Sale at Workshop:

- Ashalyn's new book, *The Emerald Tablets for 2012 & Beyond* - \$19.95, plus tax. See www.emeraldtablets.net for book description and a sample chapter.
- Sharyl's statues – price range: from \$60 to \$160. See pictures: www.sharylnoday.com
- YB Creations Chakra shirts, etc. See www.ybcreations.com for details.